

## Lunch Includes:

- \*Main Item
- \*Choice of Vegetable Side
- \*Choice of Fruit Side
- \*1/2 Pint Milk



Catholic Diocese of Cleveland

Nutrition Services

Nourishing Tomorrow, Today



## LUNCH Menu

Correspond the cycle week to the color-coordinated calendar below.

January-May 2025

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	<p>Popcorn Chicken Mash Up with Gravy and a Breadstick</p> <p>Corn</p> <p>Mixed Fruit or Seasonal Fresh Fruit</p>	<p>Riblet Sandwich</p> <p>Baked Beans or Tossed Garden Salad</p> <p>Peaches</p>	<p>Meatball Sub</p> <p>Broccoli</p> <p>Pears or Seasonal Fresh Fruit</p>	<p>Chicken Tenders With a Roll (Spicy OR Regular)</p> <p>French Fries or Tossed Garden Salad</p> <p>Fruit Cup</p>	<p>Mac-n-Cheese with a Pretzel Rod</p> <p>Carrots</p> <p>Applesauce or Seasonal Fresh Fruit</p> <p>Cookie Treat!</p>
<b>2</b>	<p>Hamburger or Cheeseburger on a Bun</p> <p>Broccoli</p> <p>Pineapple or Seasonal Fresh Fruit</p>	<p>Pasta with Meat Sauce &amp; Garlic Toast</p> <p>Green Beans or Tossed Garden Salad</p> <p>Fruit Cup</p>	<p>Chicken Nuggets with a Roll</p> <p>Mashed Potatoes with Gravy</p> <p>Applesauce or Seasonal Fresh Fruit</p>	<p>Corn Dog</p> <p>Baked Beans or Tossed Garden Salad</p> <p>Fruit Yogurt Parfait</p> <p>Cookie Treat!</p>	<p>Mozzarella Sticks with Dipping Sauce</p> <p>Carrot Sticks with Dip</p> <p>Peaches or Seasonal Fresh Fruit</p>
<b>3</b>	<p>Pepperoni Pizza</p> <p>Carrot Sticks with Dip</p> <p>Pears or Seasonal Fresh Fruit</p>	<p>Walking Taco (Taco Meat, Cheddar Cheese, Tostitos Chips With optional Salsa and Black Beans)</p> <p>Corn</p> <p>Tossed Garden Salad</p> <p>Frozen Juice Cup</p>	<p>French Toast Sticks with Syrup</p> <p>Tater Tots</p> <p>100% Fruit Juice or Seasonal Fresh Fruit</p>	<p>Chicken Tenders (Spicy OR Regular)</p> <p>Potato Smiles or Tossed Garden Salad</p> <p>Fruit Yogurt Parfait</p>	<p>Cheese Stuffed Breadsticks with Dipping Sauce</p> <p>Green Beans</p> <p>Applesauce or Seasonal Fresh Fruit</p> <p>Cookie Treat!</p>
<b>4</b>	<p>Chicken Patty on a Bun (Spicy OR Regular)</p> <p>Broccoli</p> <p>Frozen Juice Cup or Seasonal Fresh Fruit</p>	<p>Fiestada Pizza</p> <p>Corn or Tossed Garden Salad</p> <p>Mixed Fruit</p> <p>Cookie Treat!</p>	<p>Popcorn Chicken with a Breadstick</p> <p>Mashed Potatoes with Gravy</p> <p>Applesauce or Seasonal Fresh Fruit</p>	<p>Hot Dog on a Bun</p> <p>Baked Beans or Tossed Garden Salad</p> <p>Mandarin Oranges</p> <p>Cookie Treat!</p>	<p>Cheese Pizza</p> <p>Carrots</p> <p>Fruit Cup or Seasonal Fresh Fruit</p>

Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch.

Substitutions of items may be necessary.

**This institution is an equal opportunity provider.**

January 2025

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	1

March 2025

S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

■ Week 1 Meal Plan

■ Week 2 Meal Plan

■ Week 3 Meal Plan

■ Week 4 Meal Plan