Lunch Includes:

*Main Item
*Choice of Vegetable Side
*Choice of Fruit Side
*1/2 Pint Milk

What's for Lunch?

Catholic Diocese of Cleveland
Nutrition Services
Nourishing Tomorrow, Today

LUNCH Menu

Correspond the cycle week to the color-coordinated calendar below.

August-December 2026

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Popcorn Chicken with a Breadstick Corn Mixed Fruit *or* Seasonal Fresh Fruit	Pork Riblet Sandwich Baked Beans *or* Tossed Garden Salad Peaches Cookie Treat!	French Toast Sticks with Syrup Tater Tots 100% Fruit Juice *or* Seasonal Fresh Fruit	Chicken Tenders (Spicy OR Regular) with a Dinner Roll Broccoli *or* Tossed Garden Salad Fruit Cup	Mac-n-Cheese with a Pretzel Rod Carrots Applesauce *or* Seasonal Fresh Fruit
2	Hamburger or Cheeseburger on a Bun Waffle Fries Pineapple *or* Seasonal Fresh Fruit	Pasta with Meat Sauce with Garlic Toast Green Beans *or* Tossed Garden Salad Fruit Cup	Chicken Nuggets with a Dinner Roll Broccoli Applesauce *or* Seasonal Fresh Fruit Cookie Treat!	Mini Corn Dogs Baked Beans *or* Tossed Garden Salad Fruit Yogurt Parfait	Mozzarella Sticks with Dipping Sauce Carrot Sticks with Dip Peaches *or* Seasonal Fresh Fruit
3	Pepperoni Pizza Carrot Sticks with Dip Pears *or* Seasonal Fresh Fruit	Walking Taco (Taco Meat, Cheddar Cheese, Tostitos Chips With optional Salsa and Black Beans) Corn Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup Tater Tots 100% Fruit Juice *or* Seasonal Fresh Fruit	Chicken Tenders (Spicy OR Regular) Potato Smiles *or* Tossed Garden Salad Fruit Yogurt Parfait	Cheese Stuffed Breadsticks with Dipping Sauce Green Beans Applesauce *or* Seasonal Fresh Fruit Cookie Treat!
4	Chicken Patty on a Bun (Spicy OR Regular) Baked Beans Frozen Juice Cup *or* Seasonal Fresh Fruit	Fiestada Pizza Corn *or* Tossed Garden Salad Mixed Fruit Cookie Treat!	Salisbury Steak in Gravy with a Breadstick Mashed Potatoes with Gravy Applesauce *or* Seasonal Fresh Fruit	Orange Chicken over Rice with a Breadstick Broccoli *or* Tossed Garden Salad Mandarin Oranges	Cheese Pizza Carrots Fruit Cup *or* Seasonal Fresh Fruit

Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch.
Substitutions of items may be necessary.

USDA is an equal opportunity provider, employer, and lender.

August 2026

S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2026

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2026

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2026

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2026

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Week 1 Meal Plan Week 2 Meal Plan Week 3 Meal Plan Week 4 Meal Plan